



MASS HEARTBEAT



HEART SCREENING PROGRAM



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MASS HEARTBEAT WAS FOUNDED ON THE BELIEF THAT EVERY YOUTH SHOULD HAVE THE OPPORTUNITY TO HAVE THEIR HEART SCREENED FOR UNDETECTED CARDIAC CONDITIONS.

Mass Heartbeat is committed to bringing affordable, efficient, and non-invasive ECG screenings directly to students at their school.

Mass Heartbeat uses state-of-the-art ECG technology to screen students during the school day. The screenings are then read by experienced cardiologists from St. Vincent's Medical Center and the results are returned to the students and their parents within five business days.

Mass Heartbeat has been formed as a benefit corporation and will contribute 10% of revenue to the Live4Evan organization.

Learn more at MassHeartbeat.com





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ELECTROCARDIOGRAM (ECG) SCREEN CONSENT FORM AND RELEASE OF LIABILITY

An ECG screen (also referred to as an EKG) can help identify those who are at risk for sudden cardiac death, a condition where death results from an abrupt loss of heart function. An ECG screen may assist in diagnosing several different heart conditions that may contribute to sudden cardiac death.

By signing below, I am electing an ECG screen provided by Mass Heartbeat, Inc. By electing to receive an ECG screen, I acknowledge the limitations of an ECG screen and that sudden cardiac death may still occur, despite this screening. I further acknowledge that if the ECG screen is abnormal it is highly recommended to refrain from physical activity and to seek further evaluation testing by way of medical consultation. By my signature below, I hereby release, hold harmless, forever discharge, and waive, any and all claims against Mass Heartbeat, Inc. employees, contractors, associated physicians including Saint Vincent Hospital and Saint Vincent Medical Group and its employees, that relate to my election regarding and/or participation in the ECG screening. In addition, I authorize medical personnel to review the ECG results, interpret and use the same for diagnostic and aggregated statistical purposes in accordance with the Family Education Privacy Rights Act and Health Insurance Portability and Accountability Act of 1996.

**Students under 18 years of age will need parent/guardian signature.*

PARTICIPANT'S NAME PRINTED

DATE

PARENT EMAIL ADDRESS

PARENT PHONE NUMBER

PARENT/GUARDIAN'S NAME PRINTED

SIGNATURE (Parent/Guardian or Student over 18 yr/old)

PARTICIPANT INFORMATION

Ethnicity

- African American
- Asian
- Caucasian
- Hispanic
- Other

Age _____

Gender _____

Birthdate _____

Height _____ ' _____"

Weight _____

Have you ever had a family member die unexpectedly due to heart complications? Y
N



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FREQUENTLY ASKED QUESTIONS

Why should my child get a heart screening? An annual physical exam asks family history questions and requires a doctor to listen to a child's heart with a stethoscope, however an ECG is not provided. Studies have shown that this is just 1% effective in catching heart issues. Adding ECG screening improves the effectiveness in catching heart issues up to 85%.

How is the heart screening conducted? An ECG is a non-invasive test which measures the electrical signals that the heart uses to contract and circulate blood through the body and lungs. An ECG involves placing electrodes on the chest around the heart to record those signals. The test is easy, painless, and takes less than 5 minutes. It does not involve needles, blood work, radiation exposure or sedation. Boys will remove their shirts. Girls should wear a regular bra or sports bra, which will not need to be removed.

What does an ECG screening detect? An ECG can detect a large number of electrical conduction issues in the heart such as Hypertrophic Cardiomyopathy (HCM), Long QT Syndrome, Wolff-Parkinson-White Disease, Arrhythmia, and Abnormal Ventricular Disease.

Who reads the ECG? Each ECG test will be read by one of our experienced Cardiologist consultants, Dr. Mark Kranis and Dr. Michelle Hadley of St. Vincent Medical Group.

What if my child needs a follow-up? The diagnosis will include documentation on the potential problem identified. Our medical team will provide the names and contact information of recommended Cardiologists to visit in your area.

What if my child is considered high risk? If your child is flagged as high risk, he or she should not participate in athletics until he or she has seen a specialist and received clearance or treatment. We will provide the contact information of Cardiologists in your area.

How much will the screening cost? The cost of the screening is being covered by funding secured by the school, so there is no out of pocket expense.

What does my child need to bring on the day of the screening? Your child will need to bring a signed copy of the consent form in order to receive a screening. If your child is 18 or older, they may sign the form themselves. If your child is under 18, the form must be signed by a parent or guardian.